

# SICILIA

## 2015

*A photographic, philosophical and inspirational journey across an island, where traces of humans' history enchant the daily life and volcanic restlessness fights with lonesome beaches about the balance of life.*



☺ Welcome on Sicily, where the history of mankind and earth has left strong foot prints behind. ☺  
*The collapsed umbrellas at the beach of Cefalù appear reverent compared to the oldest Norman's church in town (Northern Coast) – June 2014*



☺ Sometimes the way of life seems to become narrow.  
Often this is just a sign that you are shortly before a breakthrough. ☺

*View on a lonely and hard to access bay with bizarre rock formations near the touristic place San Leone (South-West) – June 2014*



☺ Cuddling gives you warmth for the heart and dreams the fuel for distant goals. ☺

*Restaurants along the Flanier beach of Campofelice de Rocella offer not only good food but also relaxation options (Northern Coast) – June 2014*



☺ Break out. Deep inside of you dozes a divine I, that wants to be listened and sensed. ☺  
*Europe's largest volcano Etna (3.369 m) sprays harmless lava, after a summery snowfall has covered its mantle (North East) – June 2014*



☺ Free yourself from you old encrusted bark. The longer you wait the more painful it will be. ☺

*Mystic cork oak forests accompany us during a curvy ride in the Madonie on the way to the picturesque Castelbuono (Northern Coast) – June 2014*



☺ If you believe you will be faster with three legs, you should also try with three heads. ☺

*The Sicilian crest, the Triskele, an ancient symbol for sun and lifework decorates the way to the cathedral of Monreale (Northern Coast) – June 2014*



☺ If your goals seem to be too far away, look for a sandbank to rest and get new inspirations. ☺  
*Beautiful limestone formations and lonely bays are offered by the whitewashed Scala dei Turchi near Siculiana Marina (South West) – June 2014*





☺ Falling into the dust does not mean to remain, but to gain power for the next sky rocketing. ☺

*Daedalus' statue rests at peace in front of the 2.500 years old Concordia-Temple in the Valle dei Templi near Agrigento (South West) – June 2014*



☺ Play. Your heart longs for a sparkle of infantine impartiality and carefreeness. ☺

*Bathing men enjoy playing ball without competition in the gently shelving beach near Campofelice de Rocella (Nordküste) – June 2014*



☺ Home is where your heart develops the highest illuminating power. ☺

*The houses of Castelbuono are embellished with clotheslines, sun protection, satellite dishes and balcony plants (Northern Coast) – June 2014*



☯ Follow the flow of life - even in the deepest, darkest valley. It will lead you to the ocean of awareness. ☺  
*Blick auf die spektakuläre Schlucht im Nationalpark Cava Grande. Im Hintergrund das weiße Häusermeer von Syrakus (Südosten) – Juni 2014*



☺ Pause. Come to a rest. Each chapter for your life journey needs its time of back-pedaling, resting and sensing longings. ☺

*A nice place at the waterfront of Cefalù invites to linger and eating ice cream (Northern Coast) – June 2014*



☯ Cheers to this day. Cheers to the moment. Show body and soul, that you are joyfully alive. 😊

*Nikola takes off at the beach of San Leone and enjoys the freedom of movement after a long day with many trips (South West) – June 2014*



☯ If it is getting dark around you light the fire, which burns inside you till the last breathe. ☺

*Bonus-Picture: Picturesque sunset is support by artificial light near our hotel Baia di Ulisse in San Leone (South West) – June 2014*

Thank You

for your

TIME